

Diabetic therapy					
Medication	Purpose	How it works	Precautions	Side effects	How/When to Report Problems
<u><b>Type II diabetes</b></u> You are on <hr/>	Helps control your blood sugar	Increases your body's insulin amount	<ul style="list-style-type: none"> <li>• Avoid over the counter medications unless approved by MD</li> </ul> <p><b>For both Type I and Type II diabetes</b></p> <ul style="list-style-type: none"> <li>• Always keep a source of sugar available (candy, glucose tabs, glucagon kit) in case your blood sugar gets too low</li> </ul>	<ul style="list-style-type: none"> <li>• Low sugar levels, upset stomach, rash and itching may occur</li> <li>• <b>High</b> sugar levels cause frequent thirst, fatigue and hunger</li> <li>• <b>Low</b> sugar levels cause headache, tremors, fatigue, weakness and sweating</li> </ul>	<p><b>Call MD if you are experiencing</b></p> <ul style="list-style-type: none"> <li>• shortness of breath, swelling, rapid weight gain, or if you experience flu symptoms such as fever, chills and body aches</li> </ul> <p><b><u>If you miss a dose</u></b>            Take the next dose as soon as you remember. If it is almost time for your next dose then skip the missed dose.  <b>DO NOT</b> take an extra dose to make up for the missed dose</p>
<u><b>Type I diabetes</b></u> <b>Insulin</b> You are on <hr/>	Helps control your blood sugar	Since your body cannot produce insulin on its own, you are using insulin replacement therapy	<ul style="list-style-type: none"> <li>• Test blood sugar by using blood glucose meter at the following times</li> </ul> <hr/> <p><b>Goal for sugar levels</b>  <u>Daytime</u>            Between 80-120 mg/dL  <u>Bedtime</u>            100-140 mg/dL  <i>* Please note there are some exceptions and your MD will decide what is right for you</i></p>	<ul style="list-style-type: none"> <li>• Low sugar levels, headache, nausea or blurred vision may occur</li> <li>• <b>High</b> sugar levels cause frequent thirst, fatigue and hunger</li> <li>• <b>Low</b> sugar levels cause headache, tremors, fatigue, weakness and sweating</li> </ul>	<p><b>Call MD if you are experiencing</b></p> <ul style="list-style-type: none"> <li>• swelling, itching redness at injection site</li> </ul> <p><b>Call 911 if you are experiencing</b></p> <ul style="list-style-type: none"> <li>• Trouble breathing or skin rash over entire body</li> </ul>