



Family Room

February 2012

M	T	W	TH	F
30 Preschool 7:30-12:00 Crawlers, Waddlers and Toddlers 11-1 Simplicity Parenting 3-5	31 Family Play 9-1 Moving Together 10:45-11:30 FACT 5-7:30 Discussion Group	1 Preschool 7:30-12:00 Early Months 11-12:30 Strong Families 8:30-11:30	2 Family Play 9-1 Parent Advisory 9:45 Early Months 2:15-3:30	3 Preschool 7:30-12
6 Preschool 7:30-12:00 Crawlers, Waddlers and Toddlers 11-1 Simplicity Parenting 3-5	7 Family Play 9-1 Moving Together 10:45-11:30 FACT 5-7:30	8 Preschool 7:30-12:00 Early Months 11-12:30 Strong Families 8:30-11:30	9 Family Play 9-1 Moving Together 10:45-11:30 VAL Registration Early Months 2:15-3:30	10 Preschool 7:30-12
13 Preschool 7:30-12:00 Crawlers, Waddlers and Toddlers 11-1 Simplicity Parenting 3-5	14 Family Play 9-1 Moving Together 10:45-11:30 FACT 5-7:30 Discussion Group	15 Preschool 7:30-12:00 Early Months 11-12:30 Strong Families 8:30-11:30	16 Family Play 9-1 Moving Together 10:45-11:30 Early Months 2:15-3:30	17 Preschool 7:30-12
20 Preschool 7:30-12:00 Crawlers, Waddlers and Toddlers 11-1 Simplicity Parenting 3-5	21 Family Play 9-1 Moving Together 10:45-11:30 Kindergarten Info at 10:00 FACT 5-7:30	22 Preschool 7:30-12:00 Early Months 11-12:30 Strong Families 8:30-11:30	23 Family Play 9-1 Moving Together 10:45-11:30 Early Months 2:15-3:30	24 Preschool 7:30-12
27 <i>Preschool Closed</i> Crawlers, Waddlers and Toddlers 11-1 Simplicity Parenting 3-5	28 Family Play 9-1 Moving Together 10:45-11:30 <i>NO FACT</i>	29 <i>Preschool Closed</i> Early Months 11-12:30 Strong Families 8:30-11:30	1 Family Play 9-1 Moving Together 10:45-11:30 Early Months 2:15-3:30	2 <i>Preschool Closed</i>

DROP IN PROGRAMS:

FACT Evening fun for dads and kids up to first grade! Enjoy food, activities and discussion with other dads.

Family Play Open playgroups with activities for parents and children ages birth to Kindergarten. Learn more about your child's development, baby signs and baby massage techniques—relaxing for parents & babies! Take ESL classes, or parenting and wellness groups.

Early Months A mother-infant group for mothers and their first babies during the first few months after birth. We do baby massage, sing lullabies, and share calming techniques and other useful info.

Crawlers, Waddlers and Toddlers: Open playgroup for parents and early tots. Learn about development stages, share with other parents, play, move and have fun! Call Jeanne at 999-5100 for info.

ENROLLED PROGRAMS:

Strong Families Learn how to build a close relationship with your child and discuss parenting challenges. A child's program is offered at the same time. See Sarah/Jeanne to enroll.

Simplicity Parenting 8 week parent group focused on Kim John Payne's book. Use the power of less and raise calmer, happier, more secure kids. See Sarah/Jeanne to enroll.

Preschool A preschool program for 3-5 year olds. Children must be enrolled in this program to attend. See Josh/Samantha for details.

The VNA FAMILY ROOM is located in St. Joseph's School, at 20 Allen Street in Burlington. VNA FAMILY ROOM is part of the Visiting Nurse Association's Family & Children's Services Division, and is one of three parent-child centers in Chittenden County. We are a family-centered, community-based organization offering drop-in playgroups, health and support services, information and referral services, early childhood, parent-education and support groups. All programs are offered at no cost to families. **These services are available to all eligible persons, regardless of race, gender, age, disability, or religion.**