

**Vermont Respite House 5K Fun Run & Jiggety Jog**  
**Saturday, May 8, 2010 ~ Registration opens at 8 am, Race starts at 9 am**

**Official Entry Form**

*One entry form per person*

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City / State / Zip \_\_\_\_\_  
Telephone \_\_\_\_\_ E-Mail \_\_\_\_\_

**Event**       5K Run - *Timed*     Female  Male  
Age on Day of Event \_\_\_\_\_ (*Needed only if running the timed 5K*)  
  
 Jiggety Jog (5K walk, bike, skateboard, rollerblade, etc.)- *Not Timed*

Please note: If you are running the 5K you will receive an official race time. All other participants will not receive a time. All participants on bikes, skateboards, scooters or rollerblades will be required to wear a helmet.

I'll be participating as     an individual     a team member.  
Team Name \_\_\_\_\_

**Entry Fee**

\$20 Registration Fee..... \$ \_\_\_\_\_  
I would like to make an additional donation to Vermont Respite House..... \$ \_\_\_\_\_  
Total enclosed..... \$ \_\_\_\_\_

*Please Note: For fundraisers, your entry fee will be counted toward your fundraising goal.*

**Payment Method**     Cash/Check Enclosed     MC/Visa

Card # \_\_\_\_\_ Expiration \_\_\_\_\_  
Card Holder Signature \_\_\_\_\_

***Please make checks payable to Vermont Respite House 5K.***

**Waiver**

*This waiver must be signed by all participants and/or parent or guardian.*

In signing this form for myself (or the participant named below if he or she is under 18), I understand and I agree to absolve Vermont Respite House and all sponsors – be they individuals or organizations, singly or collectively – of all blame for injury, misadventure, harm, loss or inconvenience suffered in any of the activities associated with the said event. I also grant full permission to use my likeness in photographs or videos for any publicity and/or promotional purposes without obligation or liability to me.

\_\_\_\_\_  
Signature (Parent or Guardian's signature if participant under 18 years of age)

