

Camp Knock Knock

is proudly presented by

Junior League of
Champlain Valley

&

Visiting Nurse Association's
Hospice of the Champlain Valley

With Generous Support From:

Jane's Trust

and

YMCA's Camp Abnaki
Select Design, LTD

Camp Knock Knock is a non-profit program. We appreciate donations of any amount. Please make your gift payable to:

Camp Knock Knock
c/o JLCV
PO Box 4418
Burlington, VT 05406

Testimonials

"This was the most amazing experience in my life and my children's lives."

- CKK Parent



I came away with a feeling of hope I hadn't had before." -CKK Parent

Volunteers Needed

Camp Knock Knock is organized and run by volunteers. We are seeking volunteers to help with all aspects of camp including recreational activities, arts and crafts, set-up and clean-up.

Call our volunteer hotline
to learn more:
802-860-4499 x 6633

All volunteers must attend a mandatory training in May 2010.

Camp Knock Knock is organized by:



Junior League of Champlain Valley is an organization of women committed to promoting volunteerism, developing the potential of women, and improving communities through effective action and leadership of trained volunteers.

Visit our website: www.jlcv.org



Hospice, a program of the VNA's End-of-Life Care Services, is a specially coordinated home and community based program to support children and adults living with a terminal illness. The focus is on expert pain and symptom management, understanding the dying process, and psychological, spiritual, and bereavement support for individuals and their families.

Visit our website: www.vnacares.org

camp knock knock



...opening the door to healing.

A Weekend Family Bereavement Camp

June 4-6, 2010

at YMCA's Camp Abnaki
North Hero, Vermont

About Camp Knock Knock

Camp Knock Knock is a weekend camp for families with children who have experienced the death of a loved one.

This weekend of open support and guidance provides opportunities for growth and healing for families who are experiencing the grieving process.

Skilled counselors and specially trained volunteers organize and oversee Camp.

Camp Knock Knock began thirteen years ago as the signature project of the Junior League of Champlain Valley in collaboration with the Visiting Nurse Association of Chittenden & Grand Isle Counties' End-of-Life Care programs. Camp is named in memory of Alisha Reis, a delightful child who loved knock knock jokes. We are pleased to honor her undaunted spirit and the endless love she gave to others.



...Opening the door to healing



Camp Activities for June 4-6, 2010

Campers participate in a variety of activities that include:

- Recreation
- Arts & Crafts
- Campfire
- Story time
- Waterfront activities (weather permitting)
- Candlelight remembrance ceremony
- Small group sessions to provide strategies to adults & children in coping with grief

Campers will enjoy entertainment from

Burlington Taiko Group

Jon Gailmor

How to Apply for Camp

Camp accepts up to 15 families on a first come basis. Families must meet two criteria: a loved one has died; and children are accompanied by a parent or guardian. Each family is asked to pay a \$50 non-refundable registration fee. Scholarships are available. All meals & housing are provided.

**For more information & to register call
802-860-4499 ext. 6665**

**Or contact Ally Parker,
VNA Bereavement Care Coordinator,
860-4410**

After you contact us, a VNA staff member will call you to talk about camp details and arrange a home visit.

